

*“And so we know and rely on the love God has for us. God is love.
Whoever lives in love lives in God, and God in them.” — 1 John 4:16*

Ministry News

“Love One Another”

February is known as the month of love because of Valentine’s Day. The best thing we all get to experience is the love of Jesus at La Mesa. It emanates from everything that we do. But when we hear from the community that they truly feel loved, that is when we know we are doing the work of Jesus. The La Mesa community tells us often that it isn’t just the great food they receive that brings them back. It is that they feel truly seen and loved. How they see us living out our faith, not just talking about it.

Jesus tells us in *John 13:34-35*, **“A new commandment I give you, that you love one another: just as I have loved you, you, also are to love one another. By this all people will know that you are my disciples, if you have love for one another.”**

We love that the community feels the love of Jesus at La Mesa. We wouldn’t want it any other way!



*A new commandment I give unto you,
That ye love one another;
as I have loved you,
that ye also love one another.*

John 13:34



Won't you please Help Hope Happen Here?

Support La Mesa with your one-time gift
or monthly \$34 donation.

Every donation qualifies for an
Arizona State Tax Credit.

Connect LaMesa to your Fry's Food Store card.

Go to our web page at:
www.lamesaministries.org/giving/
to find more information.



NEVER GIVE UP!

Deb and her two children, Kenny and Karolina came to the La Mesa Resource Center office on February 7th 2023. The house they were living in was sold out from under them after her mother passed away. Deb, her two children and 5 dogs became homeless.

Deb worked for Uber Eats and Instacart 16 hours a day to earn enough money to get a hotel room. She worked as much as she could until she totaled her car. She was blessed with another car but eventually it broke down, and she couldn't afford to get it fixed. Deb's best friend Melissa drove her around for 16 hours a day for nearly a year so she could continue to earn a living. Deb got a job working 4-hour shifts for Circle K. She was an excellent employee and Circle K offered her a full-time position. During the past 11 months Deb received two raises and a promotion to train as an assistant manager.

Everything was going well with her job, but her children and 5 dogs were still living in a hotel week to week. Through all this Deb lost over 200 pounds under the care of a doctor while her children were also dealing with the struggles of the situation, along with their own obstacles in life. Kenny and Karolina are a testament to their mother's never-give-up attitude.

After three years of trial and tribulations she kept her head above water and would not accept defeat. If it wasn't for her friends and La Mesa Ministries she would have given up.

Her journey for a new life finally started on January 15th of 2025 when she signed the lease on her new apartment, almost 3 years after her first visit to the La Mesa Resource Center. Deb graduated from the La Mesa Ministries Financial Management class where she received financial assistance with her move-in costs. It was there she learned how to make a budget and pay bills.

Starting over again at the age of 50 was all possible, **"cause of La Mesa and Brian"** Deb told us. Her kids, her dear friends, and especially her pets helped her to **"Never Give Up"** Her big dog Copper who was 12 years old, passed away before she could move into the apartment. His ashes are with her now in the apartment. **"Thank you all from La Mesa, including feeding my kids and I all these years. You guys are amazing people"**



**Providing a hand up so that
Hope Happens Here.**

from the KITCHEN...

MESA DINNER MENU:

- + Feb 4: Pasta w/Meat sauce, Salad & Garlic Bread
- + Feb 11: Chicken Enchiladas, Rice/Beans, Chips & Salsa
- + Feb 18: BBQ Chicken Sandwiches, Coleslaw, Corn
- + Feb 25: Beef Taco Casserole, Lettuce & Tomatoes, Chips & Salsa

TEMPE DINNER MENU:

- + Feb 6: Pasta w/Meat Sauce, Salad & Garlic Bread
- + Feb 13: BBQ Ranch Chicken Casserole, Fruit Cocktail, Rolls and Butter
- + Feb 20: Tacos, Rice/Beans, Chips & Salsa
- + Feb 27: Chili, Fritos, Green Beans



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Donate at: lamesaministries.org/giving/

Tuesdays Wednesday, and Thursday by appointment
from 9am to 2pm. Tuesdays 10am to 6pm.

For more details on how to get involved, visit lamesaministries.org.

HOPE, HAPPENS, HERE!